

The best way to detect a heart condition is through a heart screening using an ECG (electrical test) and Echocardiogram (ultrasound) of the heart

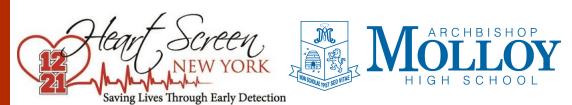
This is a simple noninvasive testing that takes about 35 minutes

Screening Packets: download at: www.heartscreenne wyork.com

Complete Packet:

Please fill out "Heart Questionnaire" with your parent or guardian including adult permission signature (if under 18 years old)

YOU MUST
Bring your
completed "Heart
Questionnaire"
forms with you on
the day of the
screening



Free Youth Heart Screening

Saturday, March 16 2019 9am-3pm Archbishop Molloy High School (Gym) 83-53 Manton Street, Briarwood NY 11435



TO REGISTER:

www.heartscreennewyork.com

www.la12.org

www.domheart21.org

Phone 631-754-1091

email: heartscreennewyork@gmail.com

No physical exertion one hour prior to screening

This screening is open to all young people between the ages 12-25 regardless of the school they attend.

Heart Screen New York is an affiliate of

Louis J. Acompora Memorial Foundation www.la12.org

Dominic A. Murray 21 Memorial Foundation

www.domheart21.org

"Two Hearts, One Mission"



P.O. Box 767 Northport New York 11768

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1. Why should your child have heart screening?

- a. Cardiac screenings are an effective way to detect many pre-existing and potentially fatal disorders.
- b. Death is often the first symptom. It is estimated that 30% -50% of all SCDs in young persons are first clinical events. In competitive young athletes, SCD is the first presentation of an underlying heart condition in up to 80% of cases
- c. Identify potential risk factors for coronary heart disease later in life

2. What can my child expect?

a. <u>Boys:</u> arrive at appointment time with heart history survey completed and signed by parent.

Blood Pressure

EKG

Height/Weight and heart sounds physical

Education Table (CPR/AED demonstration)

Consult with Cardiologist

Echo if needed, back to Cardiologist consultation

b. <u>Girls:</u> arrive at appointment time with heart history survey completed and signed by parent. All testing is done in private screening rooms

Blood Pressure

Change into gowns (shirts off, bra and pants on- gown open in the front)

EKG (female only technicians)

Height/Weight and heart sounds physical

Put their shirt back on- keep gown with them

Education Table (CPR/AED demonstration)

Consult with Cardiologist

Echo if needed, back to Cardiologist

- 3. The testing usually takes approximately 25- 30 minutes
- 4. No physical exercise 1 hour prior to screening